

Giving Every Kid A chance at Life.



# At Risk Youth

## What we don't know could cost them their lives

Lauri Burns, Founder of The Teen Project  
Sandy Phan, Prior Foster Youth





**Lauri Burns**

**Ward of the Court**

**Probation**

**Juvenile Hall Dependent**

**Suicide / AWOL**

**Drug Addict**

**Prostitution**

**Burlary**

**Misdiagnosed with bipolar & schizophrenia**



**GROUP HOME KID – BEHAVIOR DOES NOT QUALIFY FOR FOSTER HOME**

# Giving Every Kid A chance at Life.

## Lauri Burns

Fortune 100 Aerospace Executive  
Foster mom to 36 at risk teens  
Founder of The Teen Project  
International Keynote Speaker  
Founder of Freehab  
Author, Script Writer & Publisher



### People HEROES AMONG US



2012  
"I get so much from these kids," says Burns (with, from left, Teen Project's Hernandez, Sandy Phan, Ashley Moody, Chelsea Roberts and Renea Gamble).

## A HOME AND HEART FOR TROUBLED GIRLS

A screenshot of the Oprah.com website. The page is titled 'Spirit' and features a navigation menu with categories like TV &amp; FILMS, MAGAZINES, OWN TV, RADIO, ANGEL NETWORK, BOOK CLUB, and STORE. The main content area is titled 'Spirit' and includes a sub-section 'KNOW YOURSELF' with a list of authors: DEEPAK CHOPRA, MARIANNE WILLIAMSON, ELIZABETH LESSER, MARTHA BECK, and JENNY MCCARTHY. The main article is titled 'Ambassadors of Hope' and features a photograph of Lauri Burns sitting on the floor. The article text reads: 'Lauri Burns knows what it's like to be a child in need of a loving, safe home—now she's providing shelter and support for dozens of children in need. I was born in New York and grew up in a middle-class Jewish home in Long Island. Although my family looked normal on the outside, there was abuse as far back as I could remember. My understanding of God as a small child was that he was punishing me. Just following my bar mitzvah, my mother and father split up and we were left alone with my father while my mother sought out a home for us in California. During this time, [my father's] abuse escalated, and during one event there was a witness [to the abuse]. In fear of what would happen [to him], my father hid



**Sandy Phan – Group Homes**

**Misdiagnosed with depression  
bipolar & anxiety**

**High Risk**

**Runaway**

**Grand Theft**

**Bad Student**

**System kid, grew up in group homes.  
Behavior did not qualify to live in a family  
foster home setting.**

## Sandy Phan'tastic

Inspirational Speaker

Court Appointed Special Advocate Representative

Creator of "Foster Yourself"

Keynote Speaker

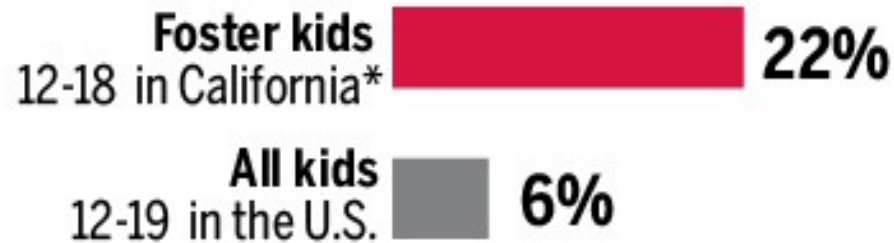
Youth Advocate



Many reports have been published documenting how children who are wards of the State are taking many more prescription drugs than those living with their families. Foster parents or parents of adopted children are often required to administer these drugs **whether they agree or not**. The medical institution also has the legal right to use these children in **drug experiments**.

## Foster kids given drugs at higher rate

Adolescent foster kids in California are 3.5 times more likely to be on psychotropic drugs than all adolescents in the U.S.

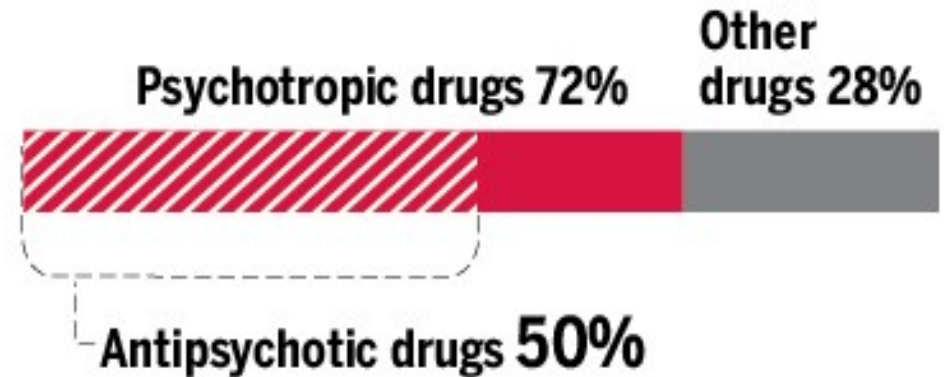


\*Based on fee-for-service Medi-Cal records

Sources: Centers for Disease Control and Prevention, National Health and Nutrition Examination Survey, California Department of Health Care Services

## California prescribes more powerful drugs

Over the last decade, nearly \$313 million was spent on the 10 most costly groups of drugs for foster kids. Most of the funds went to psychotropic drugs.\*



BAY AREA NEWS GROUP

## PRESCRIBING PSYCH DRUGS TO FOSTER CHILDREN

To get a picture of the typical prescriber of psychiatric drugs to California foster children, the Bay Area News Group averaged the prescribing patterns of thousands of psychiatrists over a five-year period. The drugs, known as psychotropic medications, can include antidepressants, mood stabilizers, antipsychotics, anti-anxiety and ADHD drugs.

Here's a look at prescription data for psychiatrists treating foster children from July 2009-July 2014:

### Of the 21,207 foster care patients on psych drugs, percent of those who were prescribed...



### Of the 2,045 psychiatrists who prescribed to at least one foster child, percent of those who prescribed...



Source: Bay Area News Group analysis of Medi-Cal pharmacy benefit claims, provided by Department of Health Care Services

## Prescription Drugs

The following information is the most accurate and documented data available on psychiatric drug usage in the United States. The information is from IMS Health, a company that provides information, services and technology for the healthcare industry. It is the largest vendor of U.S. physician prescribing data.

The following data was taken from IMS Health Vector One National database Year 2013, Extracted April 2014.

<b><u>Drug Class:</u></b>	<b><u>Age Group:</u></b>	<b><u>All Psychiatric Drugs</u></b>
<b>0-1 Years</b>	<b>274,804</b>	<b>4,404,360 kids on ADHD Drugs</b>
<b>2-3 Years</b>	<b>370,778</b>	<b>2,165,279 kids on Antidepressants</b>
<b>4-5 Years</b>	<b>500,948</b>	<b>830,836 kids on Antipsychotics</b>
<b>0-5 Years total</b>	<b>1,080,168</b>	<b>2,132,625 kids on Anti-anxiety</b>
<b>6-12 Years</b>	<b>4,130,340</b>	
<b>13-17 Years</b>	<b>3,617,593</b>	
<b>Grand Total</b>	<b>0-17 Years</b>	<b>8,389,034 kids on psychiatric drugs</b>





**Dylan Schopp**

February 10, 2015 · 🌐

Been waiting for this day for quite some time. This is truly surreal. Today I was officially sworn into the United States Army Infantry Airborne Division. A special thanks to my family and friends for supporting my decision and always believing in me. OSUT at Fort Benning, Georgia, on the 23rd!

➦ Share

👍 David Schopp and 334 others

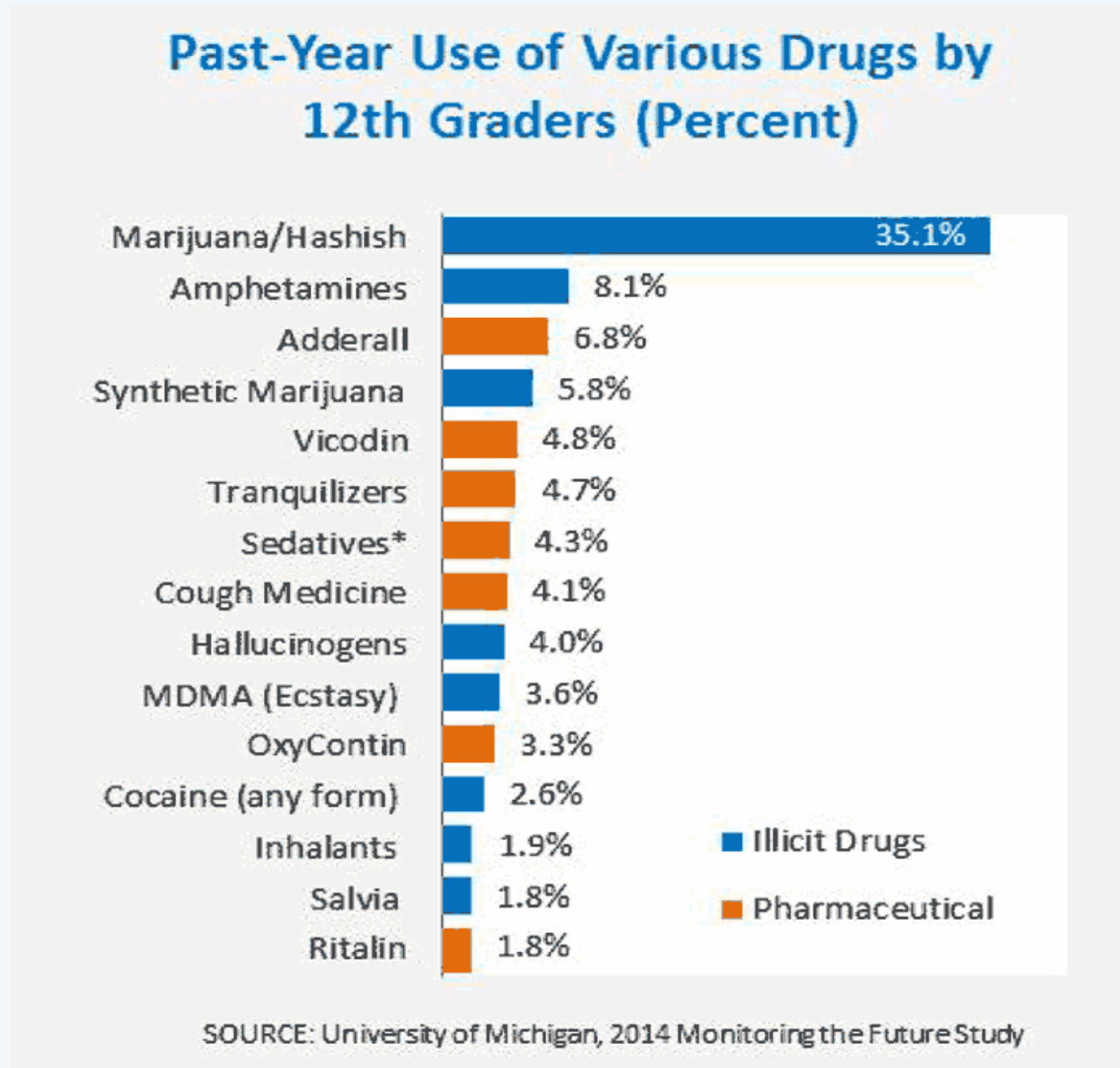
2 shares



There has been an unchecked, exponential growth in the use of psychostimulants, antidepressants, and antipsychotic drugs in kids—often harming more than helping them. Dave Traxson, a child and educational psychologist has devised a Checklist to help clinicians think through the necessary steps that should be part of every careful prescription of medication for children.

- Does the child have a classic presentation that closely conforms to an approved indication for this particular medication?
- Is there well documented research on efficacy and safety with children of the same age, gender, and social grouping?
- Are the child's problems pervasive, occurring in a wide range of social settings and observed by many different individuals?
- Are the child's problems severe, enduring, and impairing?
- Do the child's parents and involved professionals see the problems as significant enough to require medication?
- **Are there stresses in the child's relationships, social context, and recent history which might explain this pattern of behaviors?**
- **Has a psychological or social intervention been tried prior to prescribing medication?**
- Have there been any significant adverse side effects from medication?
- Have you carefully weighed short- and long-term risks and balanced them against possible benefits?
- Have you received informed consent from the parent and (where appropriate) **the child**?
- And, perhaps the most telling question - If your child had the same presenting problems, would you be prescribing medicine?

# Kids that are self medicating to deal with stressors



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A close-up photograph of a hand holding a lit cigarette. The hand is positioned on the right side of the frame, with the fingers gripping the cigarette. The cigarette is lit, with a small flame and a trail of smoke. The background is blurred, showing indistinct shapes and colors, suggesting an indoor setting. The overall tone is somber and cautionary.

**Denying  
Your Child's  
Drug or Alcohol Use  
Could Cost Them Their Lives**

facebook

*I came home Tuesday after a regular day at work. When I walked toward the bathroom I saw my daughter on the floor. I spent the next twenty minutes giving her CPR and shaking her... anything to bring her back. Deep inside I knew she was already gone when I got to her... but I couldn't stop....*

*Those vivid pictures in my mind of those last few minutes will haunt me for the rest of my life. No mother should ever have to experience this...My baby... my poor baby... why couldn't I have just come a few minutes earlier...*

## School Officials and Police Warn of Rise In Local Teen Heroin Use *After several recent overdoses believed to be heroin related*

Oxycodone called OC, OX, Oxy, Oxycotton, Hillbilly heroin, and Blue (a synthetic heroine also the rave amongst teens...

**Original Alert**  
Media reports and official alerts in several U.S. communities (including [Sacramento, CA](#) and most recently, [Carroll County, MD](#)) are warning of counterfeit pain and anxiety medications that actually contain [fentanyl](#), an extremely powerful, potentially deadly opioid. The pills,

**Alert Issued in Ohio for Human Use of Animal Sedative Carfentanil**  
Cases Al...

**Increasing Overdoses From Synthetic Cannabinoids ("Spice," "K2," etc.) in Several States**  
Updated May 08, 2015  
Recent surges in hospitalizations and calls to poison control centers linked to consumption of synthetic cannabinoid products--sold under brand names like "Spice," "K2," "No More Mr. Nice Guy," and others--are being reported in

## DEA Issues Nationwide Warning on Carfentanil



Posted on September 23, 2016

The Drug Enforcement Administration (DEA) has issued a nationwide warning to the public and law enforcement about human use of the potent animal opioid sedative carfentanil, one of the strongest opioids available. Carfentanil, a fentanyl analog with a potency approximately 10,000 times that of morphine, has been linked to a significant number of overdose deaths nationwide. It is used as a sedative or in general anesthesia for large animals, including elephants, but is not approved for use in humans.

<https://www.dea.gov/divisions/hq/2016/hq092216.shtml>

In August 2016, NIDA posted carfentanil warnings by authorities in Ohio and Florida. As with many fentanyl analogs, it is likely that carfentanil is being added to mixtures of heroin and other street drugs, but it is not known how often carfentanil is being added to or substituted for other opioids in street drugs, underscoring its danger. More information can be seen under the August 23rd, 2016 posting below.

## Synthetic Cannabinoids

Synthetic cannabinoids are substances chemically produced to mimic tetrahydrocannabinol (THC), the active ingredient in marijuana. When these substances are sprayed onto dried herbs and then consumed through smoking or oral ingestion, they can produce psychoactive effects similar to those of marijuana.<sup>20</sup>

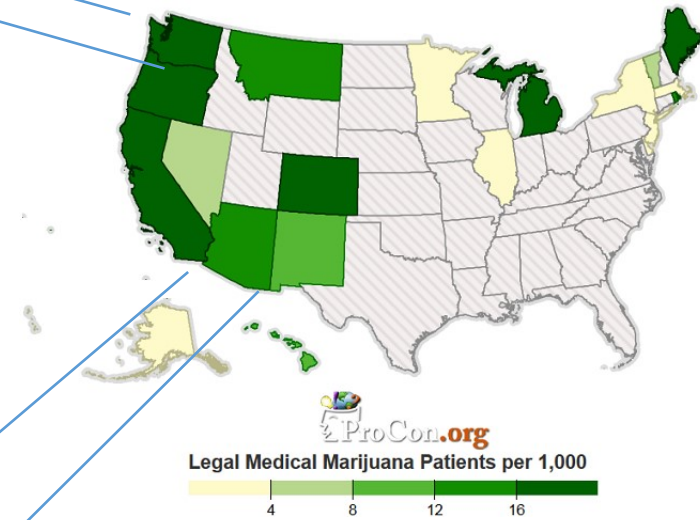
Synthetic cannabinoids were first produced for research purposes to study the effects of cannabinoids on brain functioning and their efficacy in treating pain.

The DEA has indicated that the primary users of these synthetic substances are youth who purchase the substances online or in gas stations, convenience stores, smoke shops, and head shops.<sup>21</sup> The substances are often sold as herbal incense, and common brand names under which synthetic cannabinoids are marketed are “Spice” and “K2.” Other names include “Blaze,” “Red X Dawn,” “Genie,” and “Zohai,” among others.<sup>22</sup>



# Medical Marijuana

State	Medical marijuana patients	State population	# of patients per 1,000 state residents
1. <b>Alaska</b>	1,132	738,432	1.5
2. <b>Arizona</b>	89,405	6,828,065	13.1
3. <b>California<sup>1</sup></b>	758,607	39,144,818	19.4
4. <b>Colorado</b>	107,798	5,456,574	19.8
5. <b>Connecticut</b>	8,685	3,590,886	2.4
6. <b>DC</b>	3,445	672,228	5.1
7. <b>Delaware</b>	102	945,934	0.1
8. <b>Hawaii</b>	13,021	1,431,603	9.1
9. <b>Illinois<sup>2</sup></b>	4,037	12,859,995	0.3
10. <b>Maine<sup>1</sup></b>	24,377	1,329,328	18.3
11. <b>Maryland<sup>3</sup></b>	Not open	6,006,401	--
12. <b>Massachusetts</b>	19,279	6,794,422	2.8
13. <b>Michigan</b>	182,091	9,922,576	18.4
14. <b>Minnesota</b>	1,041	5,489,594	0.2
15. <b>Montana</b>	13,640	1,032,949	13.2
16. <b>Nevada</b>	14,482	2,890,845	5.0
17. <b>New Hampshire<sup>3</sup></b>	Not available	1,330,608	--
18. <b>New Jersey</b>	3,727	8,958,013	0.4
19. <b>New Mexico</b>	19,629	2,085,109	9.4
20. <b>New York</b>	1,301	19,795,791	0.1
21. <b>Oregon</b>	77,620	4,028,977	19.2
22. <b>Rhode Island</b>	13,105	1,056,298	12.4
23. <b>Vermont</b>	2,542	626,042	4.1
24. <b>Washington<sup>1</sup></b>	138,056	7,170,351	19.2



**Legal Medical Marijuana Patients: 1,246,170**

**Average: 8.06**

total medical marijuana users in 21 (out of 23) states and DC with legal medical marijuana (as of Mar. 1, 2016)



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Licensed and Certified Drug Treatment for Transitional Age Females 18-26 exiting foster care, homelessness, sex trafficked and/or exiting incarceration.

The biopsychosocial that captures client's strengths, weaknesses, and challenges. The summary also includes an assessment of motivation for treatment, any significant observations, descriptions, and symptoms/impairments in functioning.



## Sex Trafficking & Our Kids



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# Human Trafficking in the United States

*Who are the victims?*





## Different Types of Pimps:

**Romeo** – This type of pimp is often described as the “boyfriend”. He will give his victims expensive gifts and shows them affection, making them feel loved and cared for. Often after making the victim feel that she is in a relationship with him, the pimp will request that the victim go on a trip with him or do a “small favor.” What starts out as a one favor or a getaway trip turns into prostitution.

**Daddy** – This pimp takes on the role of a “father” figure and makes the victim feel cared for and protected. This pimp expects to be obeyed or will “discipline” his victims to keep them under control.

**Gorilla** – This pimp constantly threatens violence against the victim or their family if they do not do as they are told. Some of a gorilla pimp’s tactics are used by all types of pimps, but Gorilla Pimps are the most violent.

**CEO** – A CEO pimp offers money and wealth to lure victims. Victims of human trafficking come from many walks of life. They may be minors, adults, men and women. They may come from any race, religion, educational or economical background. Victims can be from poor to very wealthy families. They can also be from documented, refugees, and undocumented populations. In other words, anyone can be a victim of human trafficking.

ADMINISTRATION FOR  
**CHILDREN & FAMILIES**

Each year, thousands of young people across the country become homeless, and **LGBTQ youth account for a disproportionate share of the runaway and homeless youth population.** Although LGBTQ individuals only account for **three to five percent** of the population, they account for up to **40 percent** of the runaway and homeless youth population. It is estimated that **26 percent** of LGBTQ adolescents are rejected by their families and put out of their homes for no other reason than being open about who they are.

# Who is at risk?

## LGBT Youth

- 4 in 10 youth say their community is not accepting
- 2 times likely to be physically assaulted
- 2 times more likely to commit suicide
- 61% feel unsafe in general

## Foster Youth

- Abused & neglected kids are 42% more likely to be re-abused
- Only 3% of foster kids graduate college, 45% homeless
- 80% have to repeat grades
- 25% of people in prisoner were once in foster care

**Any kid that isn't educated**

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How to communicate these dangers to our kids?

**TUNE IN TO  
WIIFM**





## **Dangerous outcomes with simple solutions**

- Speak to your kids, not at them - compromise
- Respect, Communication and Education
- Contracts & Integrity – End the war
- Family Secrets, History & Cycle of abuse
- Family Meetings & Communication
- Consequence and follow through
- Know their friends
- Keystroke tracker
- Code Words
- Don't be afraid to parent

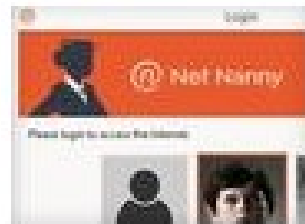
**Insist on sobriety – home & programs**

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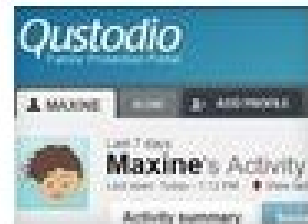


# Best Parental Control Software for 2016

ContentWatch Net Nanny 7



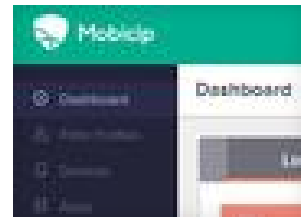
Qustodio Parental Control 2015



Symantec Norton Family Premier



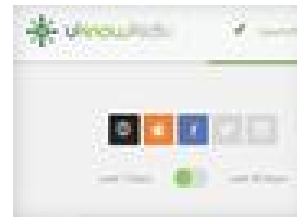
Mobicip



OpenDNS Home VIP



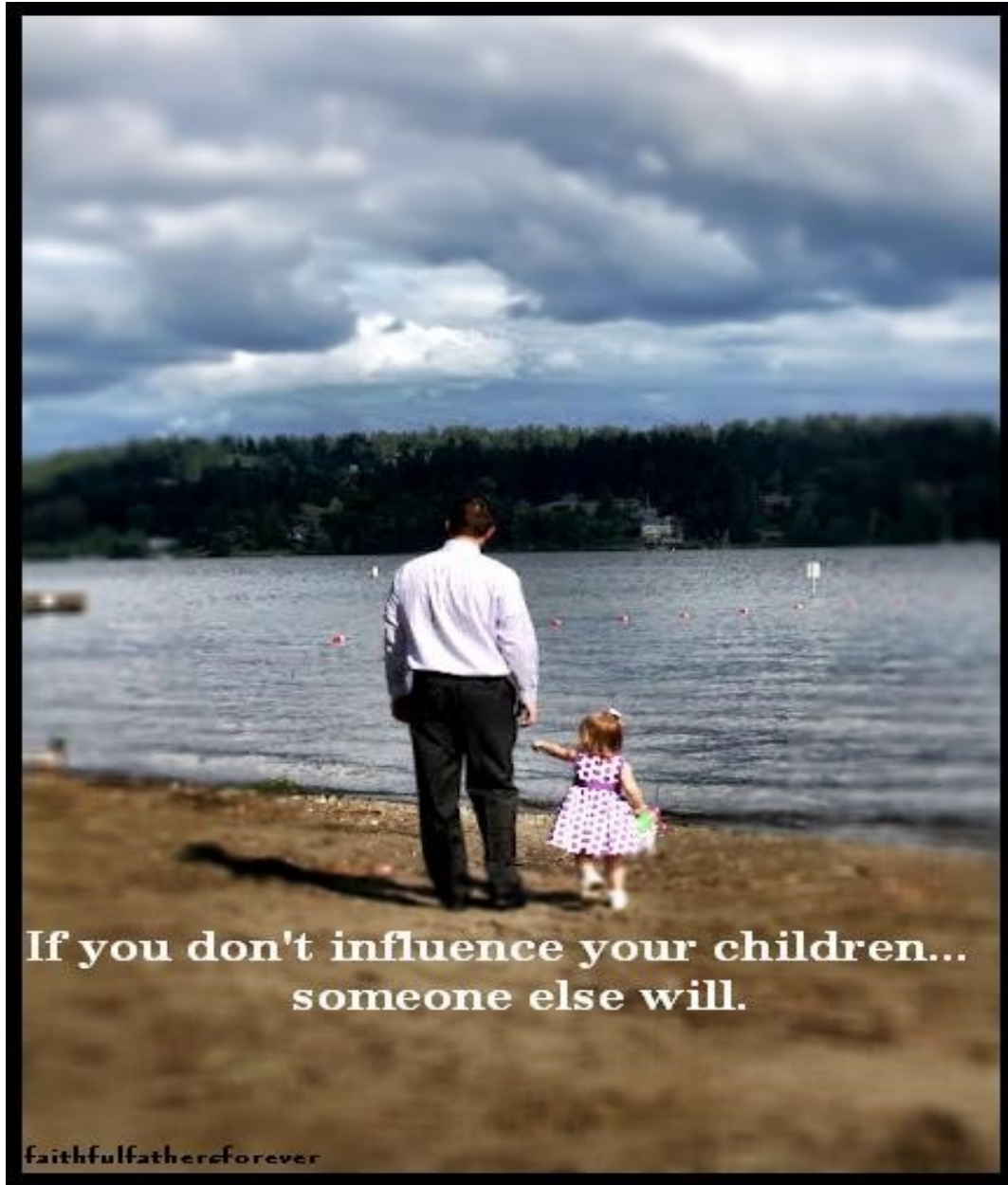
uKnowKids Premier



ContentWatch Net Nanny Social



# Giving Every Kid A chance at Life.



If you don't influence your children...  
someone else will.

faithfulfatherforever

Giving Every Kid A chance at Life.



The way we talk  
to our children  
becomes their  
inner voice.

-PEGGY O'MARA

*Lovethispic.com*

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